

ADVANCE YOUR SLEEP SURGERY EXPERTISE

Limited Seats Available



TARABICHI - STAMMBERGER
EAR & SINUS INSTITUTE

TEACHING AND RESEARCH INSTITUTE DEDICATED TO ART
AND SCIENCE OF ENDOSCOPIC EAR AND SINUS SURGERY

2nd TSESI SLEEP SURGERY CADAVER DISSECTION COURSE

6 October 2026



Clinical & Surgical Training Center
University of Sharjah, Sharjah - UAE



COURSE DIRECTOR

Dr. Peter Baptista

Dept Orl, Clínica Universidad de Navarra
Pamplona, Navarra
Spain



COURSE CO-DIRECTOR

Dr. Shailesh Khode

Consultant ENT & Snoring-Sleep Apnea
Surgeon, Tarabichi Health Care, Dubai ; NMC
Health Care, Abu Dhabi & Al Ain

GUEST FACULTY



Dr. Vijaya Krishnan

Consultant ENT Surgeon
Chennai, India



Prof. Manuele Casale

MD, PhD
Full Professor, Otolaryngology
Campus Bio-Medico University
& Chief of Integrated Therapies, Otolaryngology Unit
Sleep Surgeon, Campus Bio-Medico University Hospital
Foundation
Rome, Italy

FACULTY



Dr. Jessica Schwartz Pumar

Specialist ENT and Sleep Surgeon
American Hospital Dubai
UAE



Dr. Nicole Perez Blanc

ENT Specialist
HealthBay
Dubai, UAE

REGISTRATION FEES

- Hands-on Delegate € 4,500 / \$ 1,230
- Observer € 1,000 / \$ 275



PROGRAM DIRECTOR

Dr. Mustafa Kapadia

Director of Education, TSESI
Executive Board Member, IWGEES
Dubai, UAE

Welcome Letter

Welcome to the **2nd TSESI Sleep Surgery Cadaver Dissection Course**. Together with Dr. Shailesh Khode, we are truly excited to share this journey with you — a space where anatomy meets innovation, and where surgical ideas are tested through hands-on experience. Sleep surgery is evolving rapidly, and this course was created to bridge knowledge and real-world practice by combining precision anatomy, DISE-guided thinking, and modern surgical techniques.

This is not just a course about procedures — it is about learning why we operate, how we decide, and when we innovate. We encourage you to question, discuss, dissect, and collaborate openly. Our greatest goal is that you leave not only with new skills, but with renewed inspiration to advance patient-centered sleep surgery. Welcome — let's learn together.



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7:30 am to 5:30 pm



Clinical &Surgical Training Center, University of Sharjah, Sharjah, UAE

AGENDA

07:30 - 08:00	Registration	
Lectures:		
08:00 - 08:05	Welcome & Course Vision	Peter Baptista
08:05 - 08:20	Applied Anatomy: Foundation for Precision OSA Surgery	Shailesh Khode
08:20 - 08:35	DISE: Expanding the VOTE Framework	Jessica Schwartz
08:35 - 08:45	Snoreplasty & Radiofrequency Applications in OSA	Nicole Blanc
08:45 - 09:00	Modern Palatal Surgery: Beyond UPPP	Manuele Casale
09:00 - 09:15	Tongue Base Surgery: Indications, Limits & Pitfalls	Peter Baptista
09:15 - 09:30	Epiglottis in OSA: The Forgotten Obstruction & surgical approaches	Vijaya Krishnan
09:30 - 09:50	Coffee break	
Heading to Dissection Hall		
09:50 - 10:00	Dissection Lab Orientation & Table Allotments	Shailesh Khode & Peter Baptista
10:00 - 10:20	DEMONSTRATION 1 (PALATE) - Tonsillectomy (Coblation) - Snoreplasty & channeling - Anterior palatoplasty	All Faculties
10:20 - 10:50	Hands-On Dissection	Participants
10:50 - 11:20	DEMONSTRATION - Barbed pharyngoplasty & lateral suspension - Uvulo-palatal flap - Expansion splinter pharyngoplasty (Kenny Pang) - Zeta-palatoplasty	All Faculties
11:20 - 12:00	Hands-On Dissection	Participants
12:00 - 12:10	Course Photo	
12:10 - 13:00	Lunch Break	
13:00 - 13:30	DEMONSTRATION 2 (Tongue Base & Epiglottic) - Tongue base coblation & channeling - Gloss-epiglottopexy - Partial epiglottectomy	All Faculties
13:30 - 14:15	Hands-On Dissection	Participants
14:15 - 15:00	DEMONSTRATION 3 (HNS) 1) Introduction to Hypoglossal nerve surgery 2) Thyrohyoid suspension	All Faculties
15:00 - 16:00	Hands-On Dissection	Participants
16:00 - 16:15	Managing Complications in OSA Surgery: Prevention & Solutions	Vijaya Krishnan
16:15 - 17:00	INTERACTIVE DISE PANEL: From Collapse Pattern to Surgical Choice Moderator: Shailesh Khode - Real DISE videos - Faculty explains WHY	Panelists: All Faculties
17:00 - 17:15	How I Build a Successful Sleep Surgery Practice”- Share ideas	Peter Baptista, Vijaya Krishnan & Manuele Casale
17:15 - 17:30	Closing Remarks & End of course	Peter Baptista